

Checking Your Blood Glucose Using The Liberty System

A guide for testing your blood glucose

Simple Steps to Test Your Blood Glucose

Meter, Test Strips & System Components



Blood Glucose Testing



Wash your hands with warm, soapy water.



Remove Test Strip from vial and close vial immediately. Insert Test Strip into Test Port with contact end facing up. The Meter turns on.



Lance your finger.



Allow a blood drop to form, touch tip of strip to top of blood drop until Meter beeps.



In as little as 4 seconds, glucose result will be displayed with date and time.



Hold Meter in a vertical position with Test Strip facing down. Press Strip Release Button to discard the used Test Strip from the Meter.

This guide provides a brief overview on testing your blood glucose. If you need information about setting up your Meter with correct date and time, consult the "Getting Started" section of Owner's Booklet. For more detailed information on complete blood glucose testing procedure, consult "Testing Your Blood" section in the Owner's Booklet. For assistance using your blood glucose Meter, call Liberty at 1-877-542-3610.